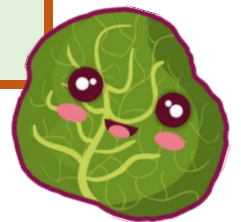




Week One

Week beginning: 21st Sept, 12th Oct. -- 2nd Nov, 23rd Nov, 14th Dec.

	Monday	Tuesday	Wednesday	Thursday	Friday
RED	Beef Burger with Bun	Sweet 'n' Sour Chicken and Rice	Chicken & Mash	BBQ Chicken Pizza	Fish Fingers
GREEN	Quorn Burger with Bun	Tomato and Basil Pasta Bake	Quorn Sausage & Mash	Cheese and Tomato Pizza	Quorn Dippers
Sides	Potato Wedges Baked Beans	Sweetcorn and Peas	Vegetables Gravy	Sweetcorn Tomato Pasta	Chips Beans
Sweets & Fruit	Jelly	Apple Sponge	Ice -cream	Chocolate Sponge	Cookies



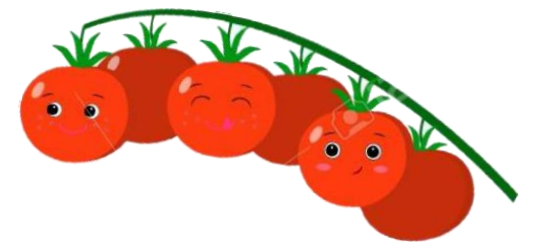


Week Two

Week beginning: 28th Sept, 19th Oct. -- 9th Nov, 30th Nov,

	Monday	Tuesday	Wednesday	Thursday	Friday
RED	Pork Sausage	Ham and Pineapple Pizza	Gammon	Pork Sausage Pasta Bake	Fish Fingers
GREEN	Quorn Sausage	Cheese and Tomato Pizza	Cauliflower and Broccoli Bake	Macaroni Cheese	Cheese and Tomato Puffs
Sides	Mash Potato Beans Peas	Potato Wedges Spaghetti Hoops	Herby New Potatoes Peas	Garlic Bread Mixed Veg	Chips Beans
Sweets & Fruit	Fruit Cocktail	Yoghurt	Jelly	Muffins	Ice-Cream





Week Three

Week beginning: 5th Oct. -- 16th Nov, 7th Dec,

	Monday	Tuesday	Wednesday	Thursday	Friday
RED	Meat Feast Pizza	Beef Lasagne	Pork Sausage	Chicken Stir Fry Noodles	Fish Fingers
GREEN	Cheese and Tomato Pizza	Vegetable Lasagne	Roast Quorn Sausage	Cheese and Tomato Puffs	Dirty Fries (Cheese and Beans)
Sides	Potato Wedges Sweetcorn and Peas	Garlic Bread Mixed Veg	Mash Carrots Gravy	Peas & Sweetcorn	Chips Beans
Sweets & Fruit	Yoghurts	Apple Sponge	Cookie	Iced Sponge	Ice-Cream

