

# Week 1

WEEK COMMENCING: 16TH APR/7TH MAY/4TH JUNE/25TH JUNE/ 16TH JULY/3RD SEP/24TH SEP/15TH OCT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pork Sausage with Potato Wedges	Beef Lasagne	Roast Pork with Roast Potatoes, & Gravy	Meat Feast Pizza	Fish Fingers & Chips
Vegetarian Sausage with Potato Wedges	Italian Tomato & Basil Pasta	Vegetable & Butterbean Ragù with Roast Potatoes	Margherita Pizza	Vegetarian Burger with Chips
Honey Chicken with Corn on the Cob	Thai Chicken Wrap	Tomato & Basil Pasta	Singapore Chicken Noodles	Italian Mushroom Pasta
Jacket Potato with Tuna Mayo	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato & Tuna Mayo	Jacket Potato with Coleสลaw
Carrots Peas	Cauliflower Green Beans	Broccoli Carrots	Coleslaw Sweetcorn	Baked Beans Peas
Apple Crumble with Custard	Pear & Chocolate Sponge with Custard	Frozen Toffee Yoghurt	Fruity Flapjack	Banana Cake

# Week 2

WEEK COMMENCING: 23RD APR/14TH MAY/11TH JUNE/2ND JULY/10TH SEP/1ST OCT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Curry with Rice	Shepherd's Pie	Roast Beef with Roast Potatoes & Gravy	Chicken & Sweetcorn Pizza	Fish Fingers & Chips
Cheese & Vegetable Puff with Crushed Potatoes	Cheese & Onion Pasta	Roasted Soya Strips with Roast Potatoes & Gravy	Margherita Pizza	Neapolitan Pasta
Macaroni Cheese & Pizza Sauce	BBQ Chicken in a Bun with Salad	Thai Vegetable Noodles	Tomato & Basil Pasta	Curried Quorn Burrito
Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Tuna Mayo	Jacket Potato with Coleสลaw	Jacket Potato with Cheese
Carrots Green Beans	Cauliflower Peas	Broccoli Carrots	Roasted Vegetables Sweetcorn	Baked Beans Peas
Pear & Vanilla Sponge with Custard	Apple & Berry Crumble with Custard	Frozen Strawberry Yoghurt	Berry Muffin	Crispy Cake

# Week 3

WEEK COMMENCING: 30TH APR/21ST MAY/18TH JUNE/9TH JULY/17TH SEP/8TH OCT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BBQ Pork with Rice	Beef Pasta Bolognese	Roast Gammon with Roast Potatoes & Gravy	BBQ Chicken Pizza	Fish Fingers & Chips
Vegetarian Meatballs in Tomato Sauce with Pasta	Cheese, Tomato & Basil Pinwheel	Macaroni Cheese & Sweetcorn	Margherita Pizza	Vegetarian Frankfurter with Chips
Macaroni Cheese & Pizza Sauce	BBQ Chicken in a Bun with Salad	Bombay Vegetable Wrap	BBQ Beef Wrap	Thai Vegetable Noodles
Jacket Potato with Coleสลaw	Jacket Potato with Baked Beans	Jacket Potato with Tuna Mayo	Jacket Potato with Cheese	Jacket Potato with Tuna Mayo
Green Beans Sweetcorn	Carrots Peas	Broccoli White Cabbage	Fruity Coleสลaw Sweetcorn	Baked Beans Peas
Peach Upside Down Sponge with Custard	Pear & Berry Ripple Cake with Vanilla Sauce	Oat & Raisin Biscuit	Jelly & Mandarins	Chocolate & Orange Brownie

## The Guide to Goodness



Many of our homemade desserts contain at least 50% fruit!



The fish we serve is from well-managed and sustainable fisheries.



Over 75% of our dishes are made fresh on site today from fresh ingredients.



We use wholegrain flour and serve wholemeal bread.



Where possible we use ingredients sourced from local producers.

Option One - ● Option Two - ● Option Three - ● Option Four - ●

