

Week 1

WEEK COMMENCING: 30TH OCT / 20TH NOV / 4TH DEC / 13TH NOV / 22ND JAN / 5TH MAR / 26TH MAR

MONDAY

- Chicken Sausage with Potato Wedges & Gravy
- Vegetarian Sausage with Potato Wedges & Gravy
- Mexican Rice Wrap
- Carrots
- Green Beans

Apple & Berry Sponge with Custard

TUESDAY

- Cottage Pie
- Vegetable & Bean Neapolitan Pasta
- Jacket Potato with Cheese
- Broccoli
- Cauliflower

Apple & Cinnamon Pie with Vanilla Sauce

WEDNESDAY

- Roast Turkey with Roast Potatoes & Gravy
- Butternut Squash & Chickpea Patty with Roast Potatoes
- Jacket Potato with Coleslaw
- Swede
- Cabbage

Frozen Strawberry Yoghurt

THURSDAY

- Chicken & Sweetcorn Pizza
- Margherita Pizza
- Jacket Potato with Tuna Mayonnaise
- Roasted Vegetables
- Winter Slaw

Chocolate Muffin

FRIDAY

- Fish Fingers & Chips
- Cheese & Onion Pasty & Chips
- Jacket Potato with Baked Beans
- Baked Beans
- Peas

Lemon Drizzle Cake



The Guide to Goodness



Many of our homemade desserts contain at least 50% fruit!



The fish we serve is from well-managed and sustainable fisheries.



Over 75% of our dishes are made fresh on site today from fresh ingredients.



We use wholegrain flour and serve wholemeal bread.



Where possible we use ingredients sourced from local producers.

Week 2

WEEK COMMENCING: 6TH NOV / 27TH NOV / 18TH DEC / 15TH JAN / 5TH FEB / 26TH MAR / 19TH MAR

MONDAY

- Chicken & Sweetcorn Pie
- Macaroni Cheese
- Hummus & Cucumber Wrap
- Green Beans
- Sweetcorn
- Peach Upside Down Sponge with Custard

TUESDAY

- Beef Spaghetti Bolognese
- Cheese & Tomato Pin Wheel
- Jacket Potato with Coleslaw
- Carrots
- Minted Peas
- Jelly & Mandarins

WEDNESDAY

- Roast Gammon with Roast Potatoes & Gravy
- Vegetable & Bean Casserole with Roast Potatoes
- Jacket Potato with Baked Beans
- Cabbage
- Vegetable Medley
- Syrup Sponge with Custard

THURSDAY

- Chicken Korma with Rice
- Margherita Pizza
- Cheese & Bean Enchilada
- Fruity Coleslaw
- Salad
- Oat & Raisin Biscuit

FRIDAY

- Fish Fingers & Chips
- Vegetarian Burger & Chips
- Jacket Potato with Cheese
- Baked Beans
- Peas
- Pear & Chocolate Pudding with Chocolate Sauce



Week 3

WEEK COMMENCING: 13TH NOV / 4TH DEC / 22ND JAN / 5TH MAR / 26TH MAR

MONDAY

- Pork Sausage with Mashed Potato & Gravy
- Vegetable Bolognese with Pasta
- Baked Salmon with Boiled Potatoes
- Carrots
- Green Beans
- Eve's Pudding with Custard

TUESDAY

- Chicken & Vegetable Chow Mein
- Neapolitan Pasta
- Egg Mayonnaise & Cress Sandwich
- Broccoli
- Roasted Vegetables
- Shortbread

WEDNESDAY

- Roast Chicken with Roast Potatoes & Gravy
- Vegetable & Lentil Loaf with Roast Potatoes & Gravy
- Jacket Potato with Cheese
- Cabbage
- Roasted Parsnips
- Frozen Toffee Yoghurt

THURSDAY

- Beef Lasagne
- Margherita Pizza
- Jacket Potato with Baked Beans
- Coleslaw
- Salad
- Chocolate Cracknell

FRIDAY

- Fish Fingers & Chips
- Spicy Bean Burger & Chips
- Sweet Potato Curry with Rice
- Baked Beans
- Peas
- Apple & Berry Sponge with Custard

